

A hand is shown painting a vibrant rainbow on a canvas. The brush is in the process of applying a layer of blue paint to the center of the arc. The background is a soft-focus view of the painting area, showing various paint colors and brushes.

MID-ISLAND Y JCC

YOUTH FUN ACTIVITIES



Youth & Teen Center

MID ISLAND
YJCC
The Center of it ALL



Mid-Island Y JCC
45 Manetto Hill Road, Plainview
mijcc.org

COOKING

Mini Pancake Muffins

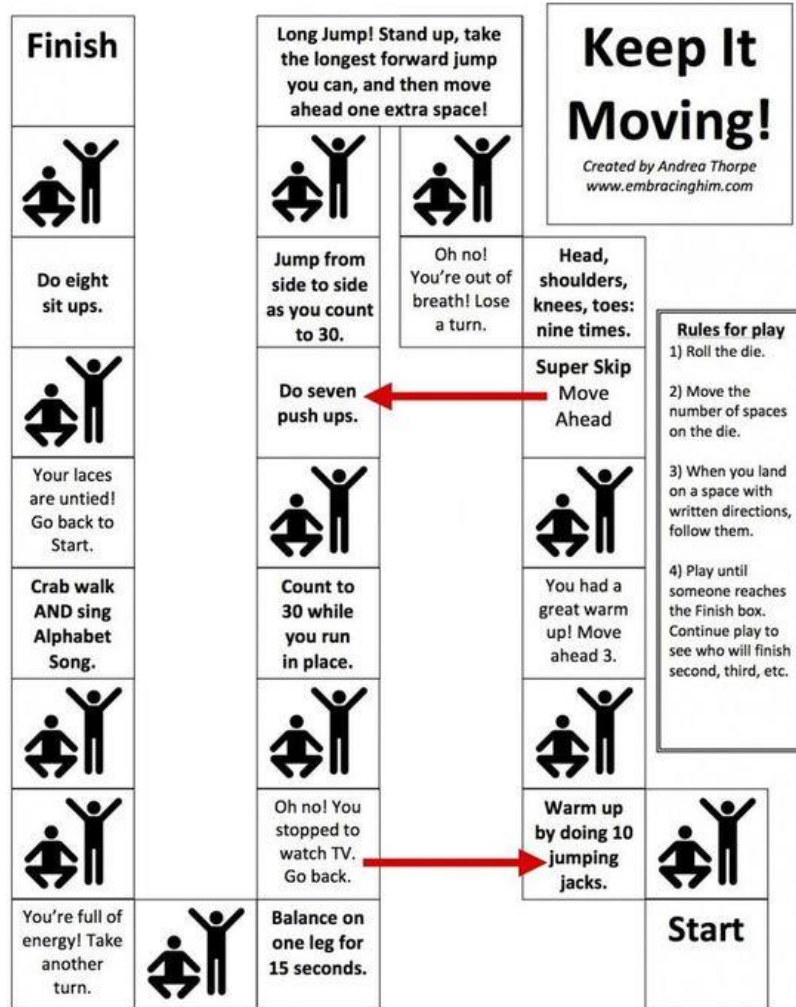
Ingredients

- Your favorite pancake batter a mix makes these even easier to make
- Toppings e.g. cut up fruit, nuts, sprinkles, chocolate chips, etc
- Mini muffin pan
- Non-stick spray

Instructions

- Preheat the oven to 350 degrees. Spray a mini muffin pan with nonstick spray and set aside.
- Prepare your pancake batter and fill each muffin tin a little over half full. Here's the fun part. Get the kids involved in adding their favorite toppings. Use whatever you have on hand in the pantry or fridge. We used strawberries, blueberries, sprinkles, chocolate, and bananas.
- Bake in a preheated 350 degree oven until the tops spring back, about 15-20 minutes.





FITNESS

WAITING GAMES

Don't Say My Number

- One player chooses a number that no one is allowed to say. Take turns counting by ones, but skip any number that contains the selected number. For example, if the number not to say is 4, players cannot say 4, 14, 24, 34, or any number in the 40s. It would sound like this: "1, 2, 3, 5, 6, 7, 8, 9, 10, 11, 12, 13, 15, etc." If anyone slips and says the selected number, start over. See how high you can count!



Art

Art, science or interior design? This project is so versatile and produces such attractive results you may want to use it as decoration. Similar to tie-dye, but without the tying, just use paper towels and a few colors of either diluted food coloring or liquid tempera paint to make fantastic designs.

What to do: Fold a paper towel until it's the size of cracker, then dip it into the paint until saturated, dipping each corner into a different color. Then carefully unfold it and let dry, preferably on a tablecloth or anything you don't mind staining. Be prepared for repetition as children experiment with different ways to fold the paper and marvel at the lovely results.

When dry, the paper towels can be strung together and hung up, or taped to windows for a stained glass-like effect.



FUN LINKS

Rooks to Cooks is running a two week online lunch camp for kids - they upload a video on their YouTube channel every morning at 11 for kids to follow along and cook lunch for themselves and their adults. They are also doing a baking workshop on their Instagram all weekend... the link is

<https://www.youtube.com/channel/UCx4sEMGDmHWixHb9mE-msJw>

The spaceplace.nasa.gov site has tons of great space related lessons, activities and games

The San Diego Zoo website also has a fantastic kids section with games and activities

<https://kids.sandiegozoo.org/>