



MID-ISLAND Y JCC

# Adler Center For Special Needs

## Week At-A-Glance — Winter/Spring 2019

For full class descriptions, go to [miyjcc.org/adler-center-for-special-needs](http://miyjcc.org/adler-center-for-special-needs).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Artistic Expressions</b> <i>Pre-teens &amp; Teens</i> 6:30-7:30 pm 15 weeks M: \$370 NM: \$410 Pro-rated fee available	<b>Let's Get Physical</b> <i>Pre-teens &amp; Teens</i> 6:30-7:30 pm 15 weeks M: \$270 NM: \$385 Pro-rated fee available  <b>A.L.I.V.E.</b> <i>Teens &amp; Young Adults</i> 7:30-8:45 pm 15 weeks Fee: \$330 Pro-rated fee available  <b>MiY Cooks</b> <i>Adults Ages 21+</i> 7:30 to 9:00 pm Meets weekly Pay as you go. Cost per day: M: \$30 NM: \$35	<b>J.O.B.S.S.</b> <b>Job-Based Social Group</b> <i>Young Adults &amp; Adults</i> Ages 20+ 6:30 to 8:30 pm 15 weeks Fee: \$330 Pro-rated fee available	<b>Swept Away</b> <i>Young Adults</i> 5:30-7:00 pm 15 weeks Fee: \$330 Pro-rated fee available  <b>Fit-tastic!</b> <i>Adults Ages 21+</i> 6:00 to 7:00 pm Meets weekly Pay as you go. Cost per session: M: \$20 NM: \$25  <b>You Can Dance</b> <i>Teens</i> 6:15-7:00 pm 15 weeks M: \$235 NM: \$330 Pro-rated fee available  <b>Chopped — Adler Edition Cooking &amp; Dining Club</b> <i>Young Adults</i> 7:00-8:30 pm 15 weeks M: \$390 NM: \$505 Pro-rated fee available  <b>MiY Eats</b> <i>Adults Ages 21+</i> 7:30 to 9:00 pm Meets bi-weekly Pay as you go. Cost per day: Varies		<b>Exceptional Swim</b> 9:00-9:30 am or 9:30-10:00 am 12 weeks Fee: \$275  <b>Swept Away</b> <i>Young Adults</i> 12:00-1:30 pm 12 weeks • \$330 Pro-rated fee available  <b>Teen P.A.L.S.</b> <i>Pre-teens &amp; Teens</i> 1:30-4:30 pm 12 weeks M: \$660 NM: \$775 Pro-rated fee available  <b>Fit &amp; Fun</b> <i>Pre-Teens &amp; Teens</i> 4:45-5:30 pm 12 weeks M: \$165 NM: \$280 Pro-rated fee available  <b>Teens Night Out</b> 6:00-8:30 pm Winter-Spring 2019 6 sessions/year Fee: \$30/session  <b>Sat. Night Fever</b> <i>Teens</i> 6:00-8:30 pm Winter-Spring 2019 6 sessions/year Fee: \$30/session  <b>Bowling Club</b> <i>Pre-teens-Young Adults</i> 6:00-8:30 pm 9 sessions/year M: \$325 NM: \$415 Pro-rated fee available  <b>Saturday Night Out</b> <i>Adults Ages 21+</i> 6:00-8:30 pm 6 sessions/year Fee: \$30/session  <b>Bowling Club</b> <i>Adults Ages 21+</i> 6:00-8:30 pm M: \$325 NM: \$415 Pro-rated fee available	<b>Exceptional Swim</b> 9:00-9:30 am 12 weeks Cost: \$275  <b>Exceptional Swim</b> 9:30-10:00 am 12 weeks Cost: \$275  <b>Sunday Funday</b> 10:00 am-1:00 pm 12 weeks M: \$660 NM: \$775 12 weeks  <b>A.L.I.V.E.</b> <i>Teens &amp; Young Adults</i> 11:45-1:00 pm 16 sessions/year Fee: \$350 Pro-rated fee available  <b>Swim &amp; Stuff</b> 1:00-2:00 pm 12 weeks \$275  <b>Sunday Explorers</b> <i>Teens &amp; Young Adults</i> 1:00-4:30 pm 16 sessions/year M: \$785 NM: \$900 Pro-rated fee available  <b>Be The Best Sport: Little Mutli</b> <i>Ages 3-8</i> 1:15-2:00 pm 12 weeks M: \$285 NM: \$400 Pro-rated fee available  <b>Be The Best Sport: Big Multi</b> <i>Ages 9-14</i> 2:15-3:00 pm 12 weeks M: \$285 NM: \$400 Pro-rated fee available  <b>Fit &amp; Fun Sunday Aerobics</b> 4:45-5:30 pm 16 sessions/year M: \$260 NM: \$375 Pro-rated fee available

